

## ***LISA CAROLAN***

Lisa is a lecturer on the BA(hons) Acting and Musical Theatre courses at the *Blackpool School of Arts*, with a specialism in Singing, Voice Work and Musical Directing. She has trained as a Musical Theatre performer, working professionally in theatre productions and as a freelance vocalist for commercial and corporate events, alongside her teaching.

Lisa's interests lie in developing and applying knowledge of the anatomy of the human voice, how this works and can be manipulated to effectively create characters and song styles from across the musical theatre canon.



### ***Singing and Vocal Care for the Performer***

**Date:** Tuesday 5th July 2022

**Times:** 10.00 - 13.00

**Location:** The Old Electric, Springfield Road, Blackpool, FY1 1QW

The workshop will explore the basic principles of vocal anatomy and physiology, with a particular focus on how to maintain good vocal health and emotional well-being. We will investigate a series of fun warm up exercises that will help develop confidence and agility in the voice, exploring different vocal registers and voice qualities that we will then put into practice in the learning and performing of a group choral number.